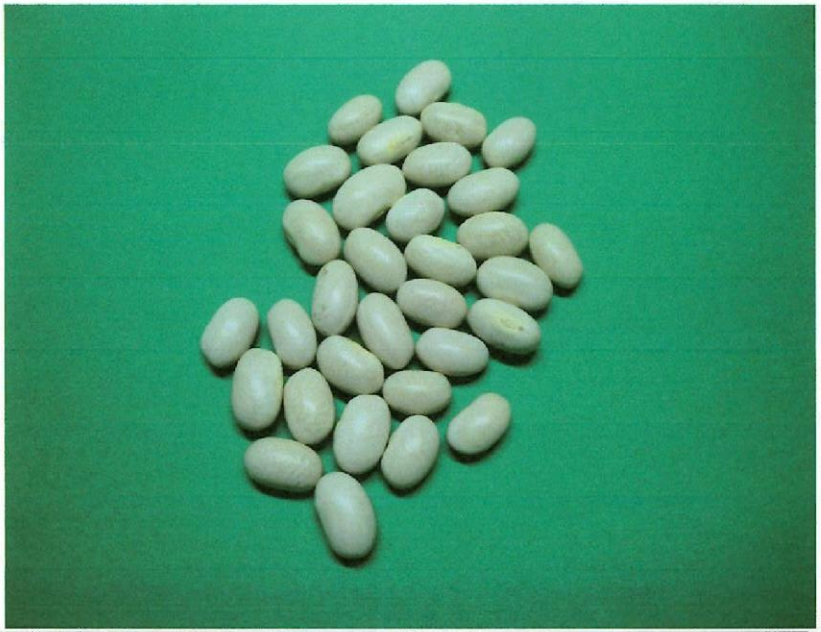
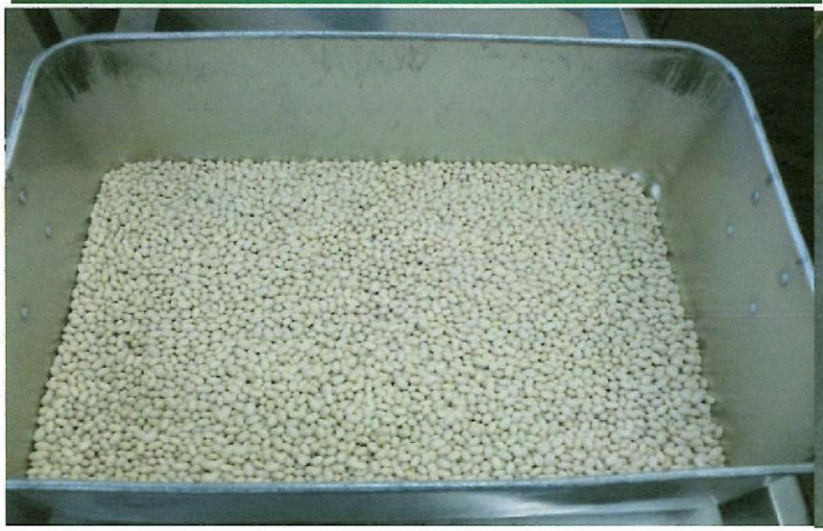


・白いんげん豆

・旬：５月～１２月

・よく使われる献立

ミネストローネ