

Dear students and teachers of Kanagawa Junior High School,

This is Mr. CHAN, from Christian Alliance Cheng Wing Gee College. Thank you very much for your great works that introducing your community and your country. This is our great honor to have received such beautiful handcrafts and paintings from all of you. We read every word that you have written, which deepens our understanding to your country.

Due to the outbreak of the new coronavirus, all schools had been suspended for almost 3 months. I know that there were cases found in Japan too. It is hoped that all of you can stay healthy!

During these days, we are asked to stay away from crowded areas, hence, which gave us some extra time to enjoy our valuable nature nearby. I took some time to go hiking during my spare time. As you may know, around 70% of the area in Hong Kong are “green” areas, in which we would have a very easy chance to walk through the nature. There are a lot of hiking trails in Hong Kong that you can enjoy the beautiful scene and take a breath of fresh air!

The highest peak in Hong Kong is about 1000m (Tai Mo Shan – 957m), the photo below shows the photo taken by some photographers in Tai Mo Shan:



I have been there once, the scene is quite wonderful!

The second highest peak is Lantau Peak, which is around 934m. This is one of the hot spots for observing sunrise. I have been there three weeks ago with my son, a nine year-old boy, and his friends. To start up, we usually start from a place called Pak Kung Au.



We then started climbing up around 600m to the peak.



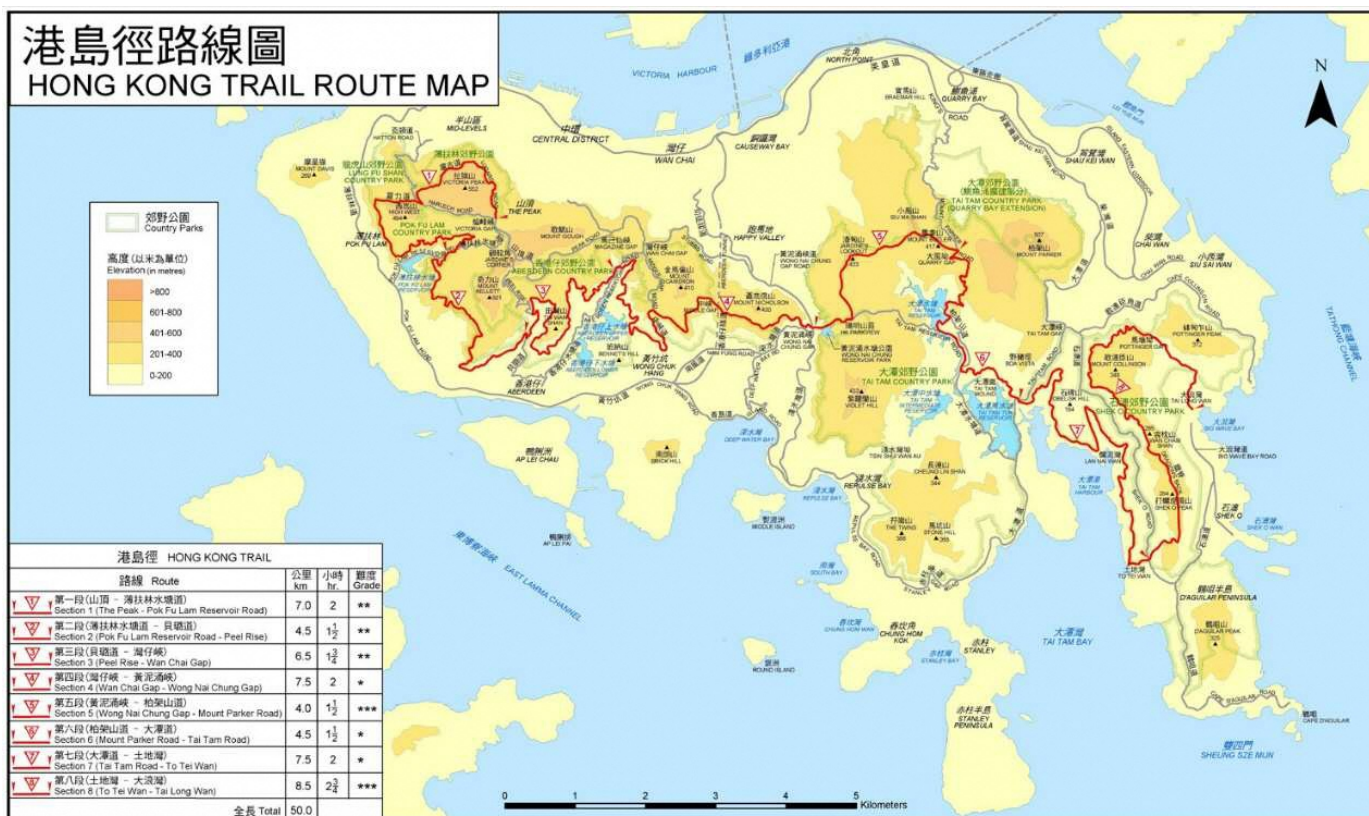
It takes you around 1 and a half hour to do so. The view is excellent and I'm sure you would enjoy it!

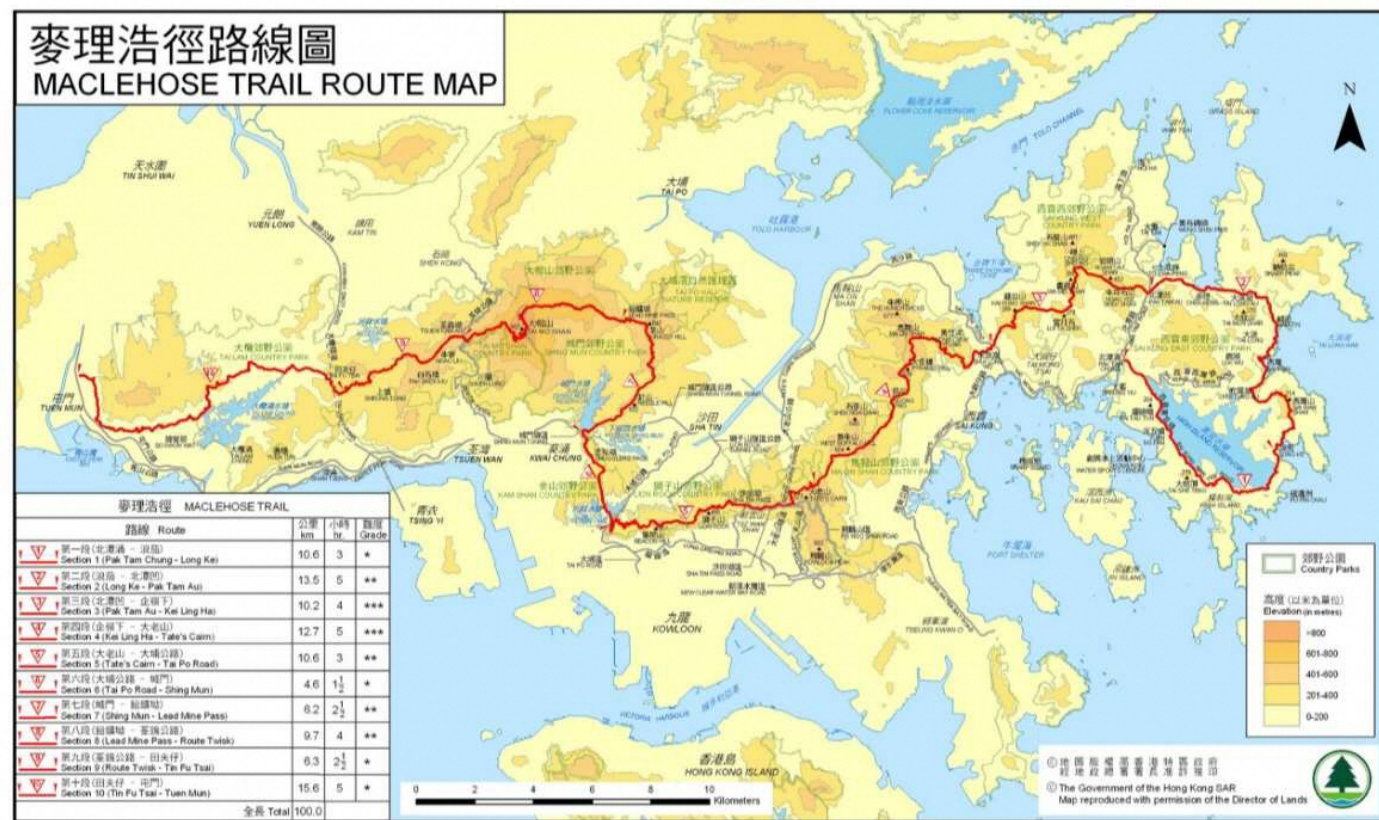
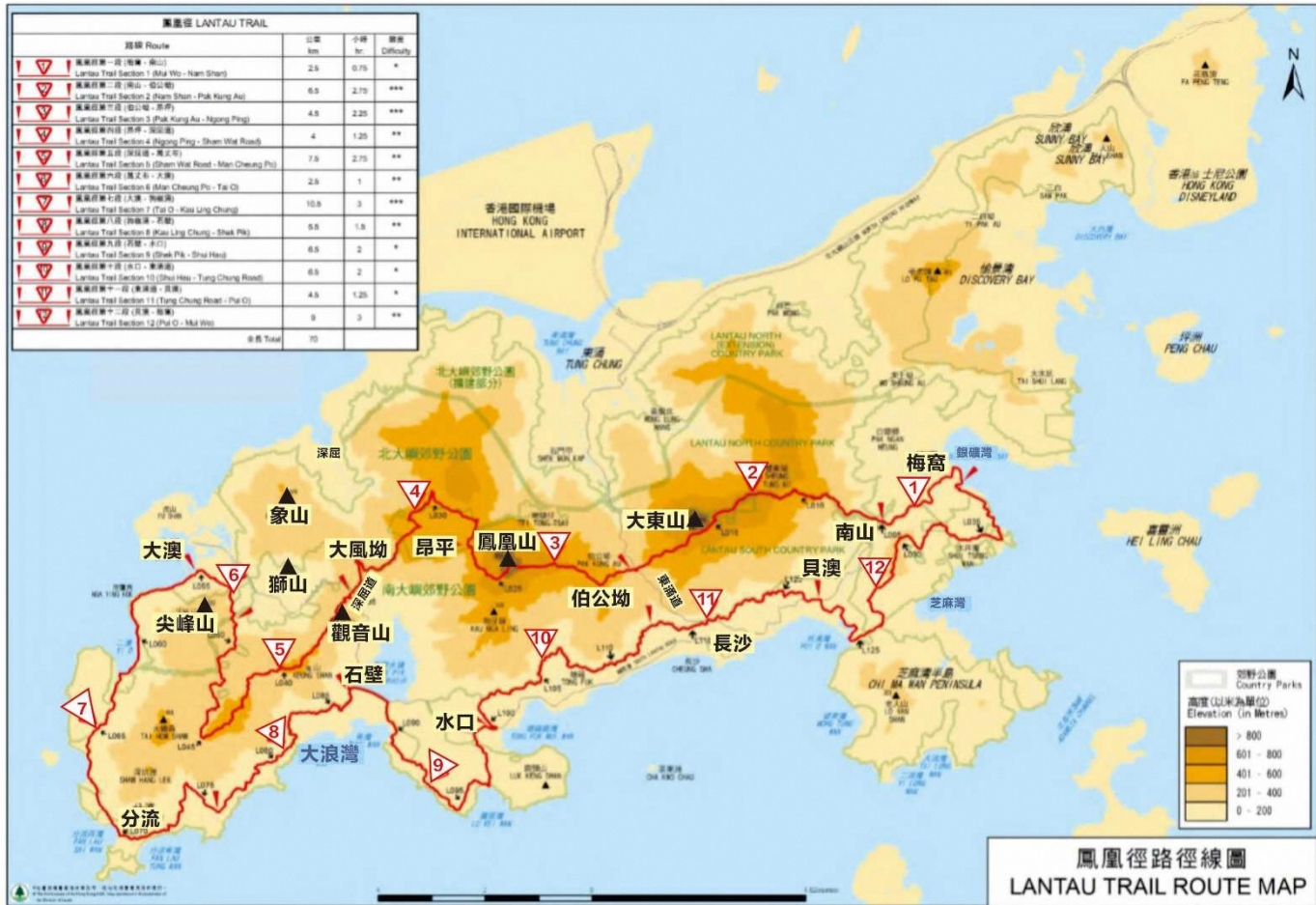


After that, you can visit Tian Tan Buddha when you go downhill.

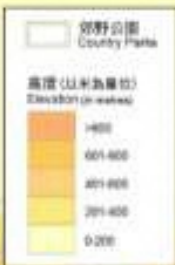


Except for reaching the peak, you may also go for the 4 major hiking trails in Hong Kong, namely the MacLehose Trail, Hong Kong Trail, Wilson Trail and Lantau Trail. I have completed the three trails before. It was difficult, but the scene and experience would make the journey a memorable one.





衛奕信徑路線圖 WILSON TRAIL ROUTE MAP

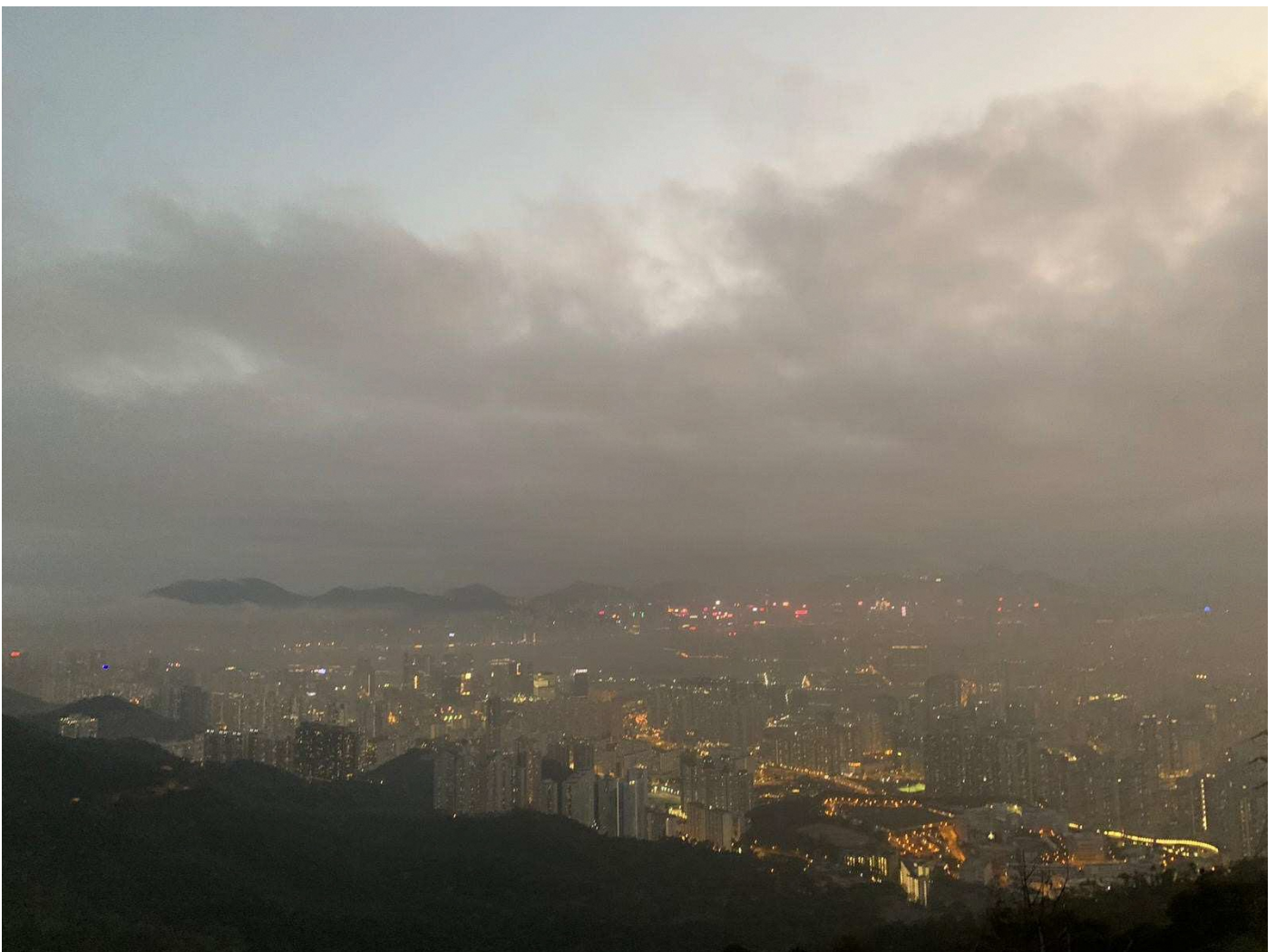


衛奕信徑 WILSON TRAIL			
路線 Route	公里 MI	小時 H	難度 Grade
第一段(沙村埔道 - 黃泥涌水塘) Section 1 (Sai Chun Pui Road - Wong Nai Chung Reservoir)	4.8	2	***
第二段(黃泥涌水塘 - 藍田) Section 2 (Wong Nai Chung Reservoir - Lam Tin)	6.6	3½	**
第三段(藍田 - 牛欄棚) Section 3 (Lam Tin - Tsang Lam Shui)	9.3	4	**
第四段(牛欄棚 - 沙田郊) Section 4 (Tsang Lam Shui - Sha Tin Pass)	6.0	3	***
第五段(沙田郊 - 大埔公路) Section 5 (Sha Tin Pass - Tai Po Road)	7.4	3½	*
第六段(大埔公路 - 龍門水塘) Section 6 (Tai Po Road - Shing Mun Reservoir)	5.3	2	**
第七段(龍門水塘 - 光復下) Section 7 (Shing Mun Reservoir - Yuan Tin Hai)	10.2	4	*
第八段(光復下 - 九龍坑山) Section 8 (Yuan Tin Hai - Clutch Hill)	9.0	4	***
第九段(九龍坑山 - 八仙脷) Section 9 (Clutch Hill - Pak Si Lung)	10.6	4½	***
第十段(八仙脷 - 梅窩) Section 10 (Pak Si Lung - Nam Chung)	6.8	2½	**
全長 Total	70.0		

* 高度地圖估計長度 4.5 公里
 Additional Distance of 4.5 km



One of the famous trails is MacLehose Trail. The trail lasts for about 100km long. It starts from the eastern part of Hong Kong to the western part of Hong Kong, like cutting our area horizontally. There are altogether 10 sections and I just finished section3 and 4 last Sunday!



Except for the hiking trails, there are some famous outlying islands with different famous scene and delicious foods. Like in Cheung Chau, you may find yummy food like the big fish ball:



Or mango glutinous rice dumpling! This is one of the famous dessert in Cheung Chau!



While in another biggest outlying island – Lantau Island, you may find beautiful scene like in Tai O:



You can also enjoy some special traditional foods in Hong Kong!

Giant squid:



Rice dumplings:



Donut:



Don't miss these wonderful scene and food next time when you visit Hong Kong!

May I wish all of you healthy and have a fruitful holiday!

Best wishes,

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